



**HOWTH YACHT CLUB**  
**INTERNATIONAL OPTIMIST DINGHY**  
**ASSOCIATION OF IRELAND**  
**(IODAI)**



**OPTIMIST TEAM RACING**

**VICE PRESIDENT'S TROPHY 2019**  
Friday JUNE 14<sup>TH</sup>

**SAILING INSTRUCTIONS**

The IODAI Vice Presidents Cup is a team racing event for teams of 4 boats. The Organising Authority is Howth Yacht Club in association with the International Optimist Association of Ireland

**1. Rules**

- 1.1 The regatta will be governed by the rules as defined in the *Racing Rules of Sailing (RRS)*. The rules and regulations of the Optimist Dinghy Association and IODAI will apply. RRS Appendix D, Team Racing Rules, and the ISAF Call Book for Team Racing will apply.
- 1.2 Personal flotation devices shall be worn at all times when afloat except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes RRS 40
- 1.3 RRS D1.1(d), Arm Signals when RRS 20 applies, is deleted.

**2. Notices to competitors**

Notices to competitors will be posted on the Official Notice Board under the archway at the entrance to the club.

**3. Changes to Sailing Instructions (SI)**

- 3.1 Amendments to the SI will be posted ashore at least 40 minutes before the start of any race affected. Subject to the provisions of SI 3.2.
- 3.2 Oral instructions may be given on the water by the Race Committee and/or the umpires prior to the warning signal for the first race affected by the Instruction.
- 3.3 Any changes to the starting time of the first race of the day will be posted by 1900 on the day before it will take effect.

**4. Signals made ashore**

- 4.1 Signals made ashore will be displayed on the flagpole at the top of the ramp to the marina in front of the club house. All signals made ashore will include ICF 'O' flag on the display to avoid confusion with concurrent events.
- 4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes'.

## 5. Format of racing and Scoring

The format of racing and details of scoring will be described at the Briefing.

- 5.1 The intended format of the event is described in Appendix 1 of these SI. The format may be modified during the event in a fair and practical way as solely determined by the Race Committee taking into account the entries, weather conditions, time constraints and any other relevant factor.
- 5.2 The initial schedule of races will be displayed on the Official Notice Board.
- 5.3 Every race will be assigned a race number in the schedule. The race number may be displayed on the Start Boat between the preparatory signal and the start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The Race Committee may at any time remove a particular race from the schedule and run it at a later time.
- 5.4 RRS Appendices D3 (Scoring a Race) and D4 (Scoring a Series) will apply, modified by SI Appendix 1.

## 6. Schedule

- 6.1 Racing will take place on Friday June 14th.
- 6.2 The schedule is outlined in the table below whereby the Briefing will occur at 09.15 with launching expected to be 09:30. The first warning signal is scheduled for 10:30 on Friday June 14th. No warning signal will be given after 17:30, except for the final races of the final stage of a knock out series.

|       |  |
|-------|--|
| 08.00 | Official Arrival time. Registration              |
| 09.15 | Briefing with PRO and Umpires followed by launch |
| 10.30 | Round robin races                                |
| 15.30 | Latest start for semi finals                     |
| 16.30 | Latest start for finals                          |
|       | Prizes giving ASAP after racing                  |

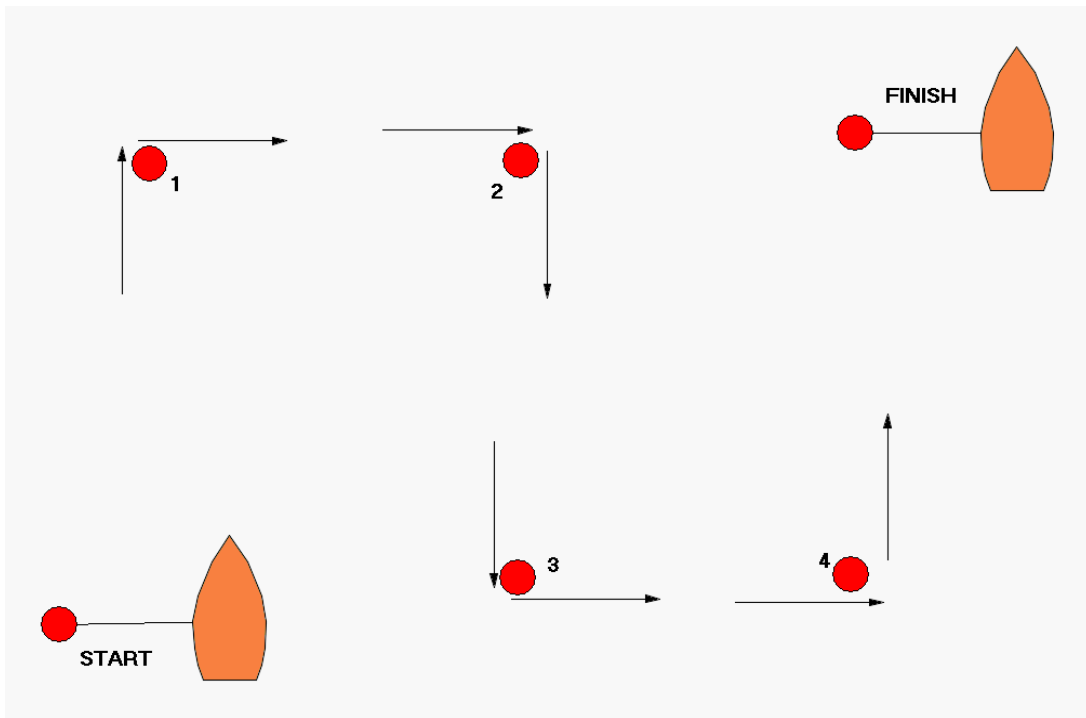
- 6.3 If conditions prevent the original intended format, the OA may decide to run the event on the basis of fleet racing over one or more races with the positions of all team members being aggregated to determine the finishing order of the teams. Should conditions prevent any racing being held, the Club entitled to represent IODAI as the winner of the event may be determined by drawing lots amongst the Clubs entered.

## 7. Racing Area

The racing area will be west of Howth Harbour and may be one mile from the harbour entrance. More specific information will be provided at the Briefing.

## 8. Courses

- 8.1 The diagram below shows the course, approximate relationship between legs, the order in which marks are to be passed, and the side on which each mark is to be left:



8.2 The Race Committee may move marks of the course at any time. Rule 33 will not apply. The moving of a mark by the Race Committee will not give grounds for redress.

## 9. Marks

Marks 1,2,3 and 4 will be described at the Briefing.

Start and finish marks will be discussed at the Briefing.

## 10. The Start

10.1 RRS 26, *Starting Races*, will not apply.

10.2 A series of short sounds will be made prior to the first warning signal of a starting sequence.

10.3 Team colours and race numbers will be posted on the official notice board. The Race number the team numbers to race next may be displayed on the committee boat on a blackboard/whiteboard. The upper most numbers will be next to start. The starting sequence will be:

| <i>Signal</i> | <i>Time before starting signal</i> | <i>Sound signals</i>   |
|---------------|------------------------------------|------------------------|
| Warning       | 3 min                              | Three long             |
| Preparatory   | 2 min                              | Two long               |
| One-minute    | 1 min                              | One long               |
|               | 30 sec                             | Three short            |
|               | 20 sec                             | Two short              |
|               | 10 sec                             | One short              |
|               | 5,4,3,2,1 sec                      | One short every second |
| Starting      | 0                                  | One long               |

10.4 Times shall be taken from the start of each sound signal.

10.5 The starting line will be between a red and white pole on the start boat, which shall display an orange flag, and the starting mark as defined in S19.

- 10.6 An inner limit mark may be laid adjacent to the start boat. No boat shall pass between this mark and the start boat.
- 10.7 A boat that fails to start within 2 minutes of her starting signal will be scored DNS without a hearing. This changes RRS Appendix D3.1.
- 10.8 A boat which is OCS at her starting signal, and has not subsequently started correctly or has gained her team an advantage as a result of being OCS, shall be scored in accordance with D3.1(b).
- 10.9 When, at a boat's starting signal, any part of her hull, crew or equipment is on the course side of the starting line, the Race Committee shall promptly display ICF X with one sound and may hail the sail numbers of premature starters. The flag shall be displayed until all such boats are completely on the pre-start side of the starting line or its extensions, but not for longer than one minute after the starting signal. Failure to hail, or failure of a boat to hear a hailed number, shall not be grounds for redress by a boat or team. This changes RRS 29.1 and 62.1(a).

## **11. The Finish**

The finishing line shall be between a staff bearing a blue flag on the finish boat and the finishing mark as defined in SI 9.

## **12. Capsized boats**

A boat capsized at or after her starting signal, so that her masthead is in the water, shall retire immediately and will be recorded as DNF. This amends RRS 63.1 and RRS Appendix A5.

## **13. Abandoning a race.**

The Race Committee may abandon a race for any reason. Abandonment(s) may be advised orally by the umpires of that race. This changes RRS 32 and Race Signals.

## **14. Time limits**

The time limit for each race shall be 20 minutes. Boats failing to finish within five minutes after the first boat finishes will be scored Did Not Finish. This changes RRS 32 and Race Signals.

## **15 Umpiring and protests**

- 15.1 All races shall be umpired, unless an announcement is made in which case RRS Appendix D2 applies.
- 15.2 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 30 minutes after the relevant incident or, if the incident is afloat, within 30 minutes after coming ashore.
- 15.3 The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress of, but not seeding in, the next round of the competition. This changes RRS 63.1.
- 15.4 When RRS Appendix D2 applies, and the race umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS Appendix D3.1(d). This amends RRS 63.1.
- 15.5 When the race committee decides that a competitor has broken SI 1.2, personal flotation device, it shall penalise the competitor's team one race win without a hearing. This amends RRS A5.

15.6 When the protest committee decides that a breach of a rule, other than a rule of RRS Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a re-sail or to impose no penalty. This amends RRS 64.1 and RRS Appendix D3.1.

#### **16. Official boats**

Official boats may be marked. Umpired boats will be marked with a flag showing the word “Umpire” or “Jury”.

#### **17. Support boats**

Unauthorised boats shall not enter the rectangular area bounded by a notional line encompassing the race course that is not less than 50 metres from any mark, starting or finishing boat. This restriction shall apply from the first warning signal for each flight of races to the time the last boat racing in the flight finishes. Support boat drivers shall wear killcords whilst the boat’s engine is running. Any support boat infringing this SI may be penalised by the protest committee without a hearing. The penalty for a first offence will be the loss of one race win by the team being supported by the offending boat. Further infringements may carry a higher penalty at the discretion of protest committee, which may be the disqualification of the team. This amends RRS 63.1 and RRS Appendix A5.

#### **18. Right of use of name and likeness**

Competitors automatically grant to the OA, without payment, the right in perpetuity to make, use and show any text, motion pictures, video and still pictures, as well as live, taped or filmed television of, or relating to, the event.

#### **19. Prizes**

Prizes will be awarded at the discretion of the OA. The winning team which meets the eligibility criteria set out in NoR 4.3 will be presented with the Vice President’s Trophy.

#### **20. Disclaimer of liability**

20.1 It is the sole responsibility of the person in charge of each team to decide if that team should race in the prevailing conditions or not. It is the sole responsibility of the person in charge of each boat to decide if that boat should race or continue to race.

20.2 Competitors compete in the event entirely at their own risk – see Rule 4, *Decision to Race*. The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the event. The OA encompasses everyone helping to run the event.

#### **21 Code of conduct**

Competitors and coaches shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.

The penalty for breaking SI 21 is at the discretion of the protest committee and may include exclusion from further participation in the event or the withdrawal of any prize.

## APPENDIX 1: EVENT FORMAT

- 1 The intended format of the event is a round robin and knockout stages. Depending on the number of entries, a two league round robin format may be adopted. RRS D4 is amended by these Sailing Instructions.

### Round robin

- 2 If the round robin cannot be completed (as per RRS Appendix D4.2(b)), its results will be ignored. Alternative racing format may be determined by the Race Committee to determine a winner. See SI 6.3.
- 3 Races that cannot be sailed in order, or for which results are not entered or complete, will be ignored for scheduling purposes. Subsequently corrected or altered results will not affect a published schedule.
- 4 A drop-out is a team unlikely, in the opinion of the race committee, to take any further part in the event. The decision to designate a team as a drop-out will be communicated, after which its races will continue to be scheduled but will not be sailed and opponents will score a win.
- 5 Any other missing team is a no-show and the opposing team will be given a walk-over result after at least one of its boats has started and sailed for two minutes.
- 6 Resails will be sailed at the end of the scheduled round robin.
- 7 Half-win penalties will be applied after the end of the round robin and before tie-breaks are applied. Teams carrying half-win penalties will be displayed on the results with an asterisk next to their numbers of wins.

### Tie-breaking

- 8 Race tie: When two teams score 18 points in a race the team without 1st place will be awarded the win for the race.
- 9 Round Robin tie: As per RRS Appendix Rule D4.4:  
Ties in a completed (as per RRS Appendix D4.2(b)) round-robin series shall be broken using only the results in the series, in order,
  - (a) the highest number of race wins in all races between the tied teams;
  - (b) the lowest total points scored in all races between the tied teams;
  - (c) if two teams remain tied, the winner of the last race between them;
  - (d) the lowest average points scored in all races against common opponents;
  - (e) a sail-off if possible, otherwise a game of chance.If a tie is partially broken by one of these, the remaining tie shall be broken by starting again at rule RRS Appendix D4.4(a).

### Knock out stages

- 10 Taking into account the entries, weather conditions, time constraints and any other relevant factor the final format for the knock out stages may be any of the following:
  - (a) Semifinals and final
  - (b) FinalThis will be communicated to the relevant teams as per SI 3.2.
- 11 Taking into account the entries, weather conditions, time constraints and any other relevant factor the final number of races for each of the knock out stages will be communicated to the relevant teams as per SI 3.2 before each stage.
- 12 If semi-finals are run, the pairings will be determined by the overall finishing order in the round robin – teams 1 v 4 and 2 v 3. The final then will be between the winners of each semi-final.
- 13 If only a final is run it will be between the top two teams of the round robin.
- 14 Scoring of incomplete knock out series as per RRS Appendix D4.7.



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**NOTICE TO TEAMS: BEHAVIOUR AND CONDUCT**

- 1 Please take a minute or so to read this important notice. Your team will be deemed to have read it if you compete, so please make sure you have.
- 2 The Organising Authority hopes you have a great time at this event and have the best possible racing. We have been working hard to make sure the event is as good as possible and we are here to have as good a time as you hopefully will.
- 3 However, there is a clear line between having a good time and misbehaviour. The Organising Authority will not tolerate misconduct or misbehaviour by competitors or coaches/support personnel. This applies from the moment you arrive at the event to the time you leave.
- 4 Finally, it is inevitable that from time to time you might disagree with an official's decision and all our officials are happy to explain why they have made a particular decision after a race. However, dissent (the dispute of an official's actions or decision in a manner that implies incompetence, prejudice or insult, or behaviour that is offensive to the official concerned) is unacceptable and is unsportsmanlike conduct. If you dissent from an official's decision, you must expect to receive extra turns or have race wins, no doubt hard earned, deducted.
- 5 We hope you have a great event and look forward to seeing you on and off the water.