

2019 LAMBAY RACES

SAILING INSTRUCTIONS



PROVIDENT





LAMBAY RACES 2019
Organised by Howth Yacht Club CLG
Sat 1st June



Special Notices

- a) *If, due to unsuitable weather, it is not possible to run the Lambay Races on Saturday June 1st, it is the intention of the Race Committee to run the Races on Sunday June 2nd. The times of the Warning Signals for Saturday June 1st and all other Sailing Instructions shall be applicable for racing on Sunday.*
- b) *In the event of adverse weather conditions, the Offshore Committee Vessel will have the use of some courses applicable to the Inshore Fleet, which do not round Lambay, and these may be used if required.*

1. **Rules**

The races shall be governed by the Racing Rules of Sailing (RRS), Prescriptions of Irish Sailing, the Notice of Race, these Sailing Instructions and any amendments thereto. Competitors in races for One Design classes shall comply with their relevant Class Rules. Competitors in IRC and ECHO handicap classes shall comply with the rules of those handicapping systems. In the event of a conflict the Sailing Instructions shall prevail.

2. **Notices to Competitors**

Notices to competitors will be posted on the Official Notice Board located in the archway beside the Marina Office.

3. **Change of Sailing Instruction**

Changes to Sailing Instructions will be posted not later than two hours before the scheduled start of the first race so affected. Flag L displayed on the flagpole at the top of the marina bridge denotes that a change of Sailing Instructions has been made.

4. **Signals Made Ashore**

Signals made ashore will be displayed on the flagpole at the top of the marina bridge. When flag AP is displayed ashore "one minute" is replaced with "not less than 45 minutes" in Race Signal AP. This changes RRS "Race Signals". Boats are requested not to leave the harbour until flag AP is lowered.

5. **Schedule of Races**

5.1 OFFSHORE Schedule of Races and Class Flags
Saturday 1st June

Race Officer: Derek Bothwell

OFFSHORE Committee Vessel Starts – Channel 77

H.W. 10.51 3.8M
L.W. 16.47 0.6M

Warning Signal: 11.55

<u>Class</u>	<u>Flag</u>	<u>Start</u>	
Class 1	No. 1	12.00	subsequent starts will follow at 5 minutes intervals.
Class 2	No. 2		
White Sail Cruiser A	No. 4		
White sail Cruiser B	No. 5		

OFFSHORE Starting Area

The starting area will be North of Ireland's Eye.

OFFSHORE Starting Line

The starting line will be between an orange mark (to be passed to port) and a red/white pole (or mainmast) on the Committee Vessel which will display a yellow flag.

OFFSHORE Course Designation

Courses will be designated by numerals displayed on boards on the Committee Vessel. The course applicable to each race will be displayed for not less than 4 minutes before its start. This changes RRS 27.1.

Marks are described by letter(s) and the subscript 'p' or 's' thereafter directs that they be left to port or starboard respectively.

A windward mark, Z (black inflatable) will be laid approximately to windward of the starting line. This is the first mark on all courses but a white flag displayed on the Committee Vessel indicates that either the windward mark has not been laid or that boats shall ignore it and proceed directly to the next mark on their designated course.

OFFSHORE Courses – Committee Vessel Starts (Mark descriptions/positions are in Appendix 1)

1	Zs Ls Gs Qs Js F	2	Zs Ls Gs Ap Qs Js F
3	Zs Ls Os Np Gs Qs Js F	4	Zs Ls Ks Ap Os Np Gs Qs Js F
5	Zs Lp Gs Qs Js F	6	Zs Lp Hp As Gs Qs Js F
7	Zs Lp Hp Ns Gs Qs Js F	8	Zs Lp Kp Tp Gs Qs Js F
9	Zp Lp Gs Qs Js F	10	Zp Lp Ip Es Gs Qs Js F
11	Zp Tp Ns Lp Es Ip Es Gs Qs Js F	12	Zp Tp Ms Lp Es Ip Es Gs Qs Js F
13	Zp Ls Gs Qs Js F	14	Zp Ls Hp Es Gs Qs Js F
15	Zp Ls Mp Ts Gs Qs Js F	16	Zp Ls Mp Ts Up Es Gs Qs Js F
17	Zp Ls Gs Qs Js F	18	Zp Ls Np Ts Gs Qs Js F
19	Zp Ls Np Ts Mp Es Gs Qs Js F	20	Zp Ls Mp Es Mp Es Gs Qs Js F
21	Zp Lp Gs Qs Js F	22	Zp Lp Ts Ap Es Gs Qs Js F
23	Zp Lp Ap Es Os Ms Gs Qs Js F	24	Zp As Ep Lp Ap Es Os Ms Gs Qs Js F
25	Zp Lp Gs Qs Js F	26	Zp Lp Es Ap Gs Qs Js F
27	Zp Lp Es Np Gs Qs Js F	28	Zp Lp Es Np Os Ap Gs Qs Js F
29	Zp Op Lp Ts Gs Qs Js F	30	Zp Op Lp Ap Ts Gs Qs Js F
31	Zp Op Lp Up Tp Gs Qs Js F	32	Zp Op Np Up Lp Ap Ts Gs Qs Js F
33	Zp Op Ls Hp Gs Qs Js F	34	Zp Op Ls Up Gs Qs Js F
35	Zp Op Ls Np Ts Hp Gs Qs Js F	36	Zp Gp Ls Mp Ts Hp Gs Qs Js F
37	Zp Hp Ls Es Hp Gs Qs Js F	38	Zp Hp Ls Ts Mp Gs Qs Js F
39	Zp Hp Ls Ts Mp Es Hp Gs Qs Js F	40	Zp Hp Ls Ts Mp Es Pp Gs Qs Js F
41	Zp Hp Lp Ts Gs Qs Js F	42	Zp Hp Lp Ts Np Gs Qs Js F
43	Zp Hp Lp Es Mp Gs Qs Js F	44	Zp Hp Lp Ts Np Es Mp Gs Qs Js F
45	Zp Hp Lp Es Ap Gs Qs Js F	46	Zp Hp Lp Ks Hp Gs Qs Js F
47	Zp Hp Lp Os Mp Gs Qs Js F	48	Zp Hp Lp Es Ap Os Mp Gs Qs Js F

Marks M, N and T are temporary marks – Black Inflatable

Please Note S.I. 11 – Navigation Marks and Obstructions

OFFSHORE Finishing Line

The finishing line will be in the vicinity of Mark Q (Rowan Rocks Cardinal Mark) and will be between an orange spherical buoy and a red/white pole (or mainmast) on the Committee Boat which will display a blue flag.

5.2 INSHORE Schedule of Races and Class Flags

Race Officer: Harry Gallagher

Saturday 1st June

INSHORE Committee Vessel Starts – Channel 69

H.W. 10.51 3.8M
L.W. 16.47 0.6M

Warning Signal: 11.55

<u>Class</u>	<u>Flag</u>	<u>Start</u>
Class 3	No. 3	12.00 subsequent starts will follow at 5 minute interval.
Puppeteer 22	A	
Squib	K	
Ruffian 23	Q	

INSHORE Starting Area

The starting area will be North West of Ireland's Eye.

INSHORE Starting Line

The starting line will be between an orange mark (to be passed to port) and a red/white pole (or mainmast) on the Committee Vessel, which will display an orange flag.

INSHORE Course Designation

Courses will be designated by numerals displayed on boards on the Committee Vessel. The course applicable to each race will be displayed for not less than 4 minutes before its start. This changes RRS 27.1.

Marks are described by letter(s) and the subscript 'p' or 's' thereafter directs that they be left to port or starboard respectively. Those marks in a □ (box) are passing marks.

A windward mark, Z (yellow inflatable) will be laid approximately to windward of the starting line. This is the first mark on all courses but a white flag displayed on the Committee Vessel indicates that either the windward mark has not been laid or that boats shall ignore it and proceed directly to the next mark on their designated course.

INSHORE Courses - Committee Vessel Starts (Mark descriptions/positions are in Appendix 1)

51	Zs Ms Ls Hp Ss FB	52	Zs Ms Ls Is Hp Ss FB
53	Zs Mp Cp Ip Up Ss FB	54	Zs Mp Ws Ps Up Mp Ss FB
55	Zp Ps Lp Is Ss FB	56	Zp Ps Lp Hp As Is Ss FB
57	Zp Ws Up Ws Up Pp Cp Vs Is Ss FB	58	Zp Ws Up Ws Up Pp Is Ss FB
59	Zp Ep Lp Wp Ss FB	60	Zp Ep Lp Wp Hs Ss FB
61	Zp Ps Ap Wp Hs Ss FB	62	Zp Ep Ps Ap Wp Hs Cp Ss FB
63	Zp Ps Ls Is Ss FB	64	Zp Ps Ls Wp Is Ss FB
65	Zp Vp Cp Dp Vp Wp Op Cp Dp Ss FB	66	Zp Vp Cp Dp Vp Wp Op Vp Cp Dp Vp Cp Dp Ss FB
67	Zp Kp Ls Is Ss FB	68	Zp Kp Ls Wp Is Ss FB
69	Zp Vp Wp Dp Wp Dp Cp Ss FB	70	Zp Vp Wp Dp Wp Dp Wp Ip Cp Ss FB
71	Zp Lp Hp Is Ss FB	72	Zp Lp Pp Is Ss FB
73	Zp Us Dp Hp Pp Is Ss FB	74	Zp Hp Pp Is Wp Cp Vp Pp Is Ss FB
75	Zp Ip Lp Is Ss FB	76	Zp Ip Lp Es Up Is Ss FB
77	Zp Ip Pp Cp Vp Pp Cp Is Ss FB	78	Zp Ip Pp Cp Pp Hs Is Ss FB
79	Zp Ip Lp Ip Ss FB	80	Zp Kp Lp Ip Ss FB
81	Zp Op Np Cp Vp Cp Ss FB	82	Zp Op Np Cp Ss FB
83	Zs Ps Ls Ts Vp Is Ss FB	84	Zs Ps Ls Pp Is Ss FB
85	Zp Ps As Es Op Es Is Ss FB	86	Zs Ps As Pp As Pp Is Ss FB
87	Zs Ps Ls Es Hp Is Ss FB	88	Zs Ps Ls Es Pp Is Ss FB
89	Zp Cp Op Wp Op Wp Cp Dp Ss FB	90	Zp Cp Op Wp Op Wp Cp Dp Cp Dp Ss FB
91	Zs Ps Lp Ip Ss FB	92	Zs Ps Lp Os Pp Ss FB
93	Zp Cp Dp Wp Ip Op Pp Wp Dp Wp Ss FB	94	Zp Cp Op Pp Wp Dp Wp Ss FB
95	Zs Ps Lp Ap Ip Ss FB	96	Zs Ps Lp Es Ap Ip Ss FB
97	Zp Wp Ip Pp Dp Pp Wp Dp Vp Ss FB	98	Zp Cp Op Pp Wp Dp Wp Ss FB

Marks M, N and T are temporary marks – Black Inflatable

Please Note S.I. 11 – Navigation Marks and Obstructions

INSHORE Finishing Line

The finishing line is located in the vicinity of the Spit Mark (S) and the South Rowan Buoy (R) and will be between a black inflatable mark (FB) and the mainmast (or red/white pole) on the adjacent Committee Vessel displaying a blue flag.

6. Re-crossing Start/Finish Lines

All boats shall keep clear of the starting lines until their warning signal. Boats shall not re-cross a finishing line, except to finish having completed a penalty. Boats, having started and cleared their starting line, shall not re-cross that line while starts are in progress. Boats shall not cross any other starting line while starts are in progress. The Protest Committee may penalise a boat failing to comply with this sailing instruction with a score of its discretion, including DSQ.

7. Starting Time Limit

A boat starting later than ten minutes after her starting signal will be scored DNS. This changes RRS Appendix A4.1.

8. Finishing Time Limit

The Time Limit for all races is 1700. If a boat in a class finishes within this limit, the time limit for that class shall be extended to 1730. In the event of postponement(s) and/or general recall(s) the time limit(s) for races so affected shall be correspondingly extended. A boat which fails to finish within the time limit will be scored DNF. This changes RRS 35 and Appendix A4.1

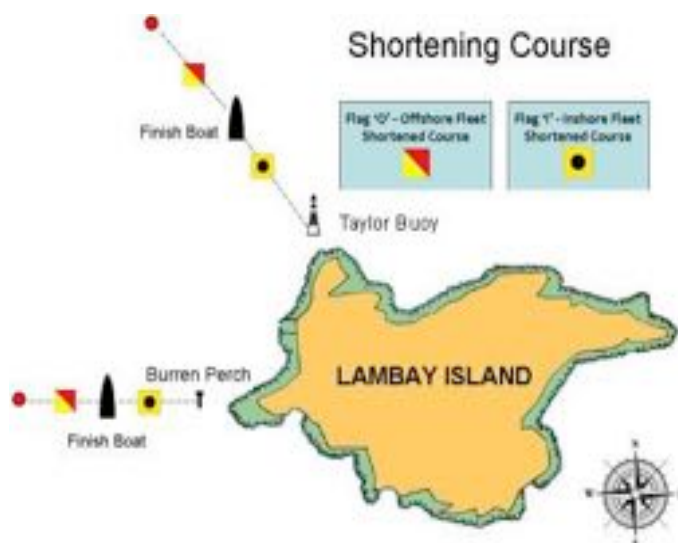
9. **Shortening Course**

RRS 32 is changed in that the Race Committee may, at their discretion, shorten the course at any mark. They may also shorten the course at the Tailor Buoy or the Burren Perch at Lambay Island.

Should this be necessary, a Committee Vessel Finishing Boat will take station north of the Tailor Buoy or west of the Burren Perch and display flag 'S' superior to a flag indicating the fleet or fleets to be shortened – flag 'I' for the Inshore / Pier Start Fleet and flag 'O' for the Offshore Fleet. The class flag for the relevant class(es) to be shortened, will also be displayed.

Boats of the Inshore Fleet shall finish by passing between the Tailor Buoy or Burren Perch and the Committee Vessel - boats of the Offshore Fleet shall pass between the Committee Vessel and the Orange Buoy finish mark.

Instructions may also be given over the radio on both channels 77 and 69.



10. **Protests**

Protests and Requests for Redress shall be delivered to the Race Office within the Protest Time Limit. Protest forms are available from the Race Office.

The Protest Time Limit is 90 minutes from the time of finish of the last boat in the Offshore or Inshore fleets as appropriate. This time limit shall be extended to two hours in the event of the race being finished at either the Tailor Buoy or the Burren Perch at Lambay Island. These times will be posted on the Official Notice Board.

The time and place of Protest Hearings will be posted on the Official Notice Board within 15 minutes of the protest time limit. The listing of a boat on this schedule shall constitute informing her of a hearing under RRS 63.2. Parties involved shall present themselves and their witnesses at the time and place indicated on the schedule.

A request to reopen a hearing shall be delivered to the Protest Committee not later than 30 minutes after the party was informed of the decision. This changes RRS 66.

11. **Navigation Marks and Obstructions**

The Navigation Marks in and around Howth Sound shall be left as follows –

- South Rowan Buoy: to be passed to the West and South
- Rowan Rocks Buoy: to be passed to the East and South
- HYC Spit Mark: to be passed to the East

Any part of Ireland's Eye or Lambay capable of being touched while racing is designated as an obstruction to sea room.

When rounding Lambay, boats shall pass outside the Tailor Buoy and Burren Perch and are advised to give both a wide berth.

12. Radio Communications

Competitors are advised to keep a listening watch, on VHF Channel 77 for Offshore Committee Vessel and VHF Channel 69 for Inshore Committee Vessel, where information relevant to racing may be broadcast. Should this information be broadcast, it shall not constitute outside assistance and shall not be the subject of a protest. Failure to broadcast this information shall not be the basis for any claim for redress. The Squib Class Rules are changed by this Sailing Instruction to allow the use of VHF radio.

Competitors who retire from a race shall inform the Race Committee promptly by radio on Channel 77 or 69 as appropriate to the fleet they were assigned to. Competitors without radio should inform the Race Office or HYC Marina Office on coming ashore.

13. Prize Giving

The approximate time for the prize giving for the Lambay races will be at 18.00 hrs on the day of racing.

14. Safety

Competitors participate entirely at their own risk – see Fundamental Rule 4, Decision to Race, and the ISA Safety Booklet. 'Open boat' entrants are referred to relevant Class Regulations. The wearing of suitable personal flotation devices in all boats is strongly recommended at all times.

The responsibility for the safety of competing boats and their crews lies solely with the said competitors. Howth Yacht club and / or the Organising Committee will not accept any responsibility for material damage, personal injury or death sustained with, prior to, during or after racing.

Boats shall keep clear of Race Committee Vessels (start and finish boats, mark laying boats, patrol boats) from the time that the Starting Vessel is on station prior to starting racing.

15. Insurance

Each participating boat shall be insured with adequate, valid third-party liability insurance.

EMERGENCY PROCEDURES AFLOAT

If an incident occurs during the Regatta, the following procedure should be followed:

Go to VHF Channel 16 and broadcast the following (three times):

- 1) MAYDAY if the boat is in distress.
- 2) PAN PAN if the boat requires outside assistance.
In every case, state:
 - a) The nature of the incident / injury
 - b) The name and position of the boat

Other issues can be reported to the respective Committee Vessel through the appropriate VHF Channel for the course (69 or 77) and the Race Officer advised of the problem.

APPENDIX 1

Mark Descriptions/Positions

<u>ID</u>	<u>Description</u>	<u>Shape</u>	<u>Colour</u>	<u>Lat. (N)</u>	<u>Long. (W)</u>
A	Apex	Conical	Black	53 26.76	06 03.26
C	Cush	Conical	Black	53 24.61	06 05.45
D	Dunbo	Conical	Yellow	53 24.73	06 03.85
E	East	Conical	Black	53 26.00	06 02.20
FB	Howth Sound Finish	Inflatable	Black	53 24.20	06 04.29
G	Garbh	Conical	Black	53 25.00	06 02.32
H	Hub	Conical	Black	53.25.71	06 04.43
I	Island	Conical	Black	53 24.70	06 04.36
J	Thulla	Conical	Black	53 23.80	06 03.40
K	Stack	Conical	Black	53 24.60	06 03.11
L	Lambay Island				
M	Malahide	Inflatable	Black	53 27.23	06 05.59
N	North	Inflatable	Black	53 27.99	06 03.40
O	Osprey	Conical	Orange	53 25.41	06 03.52
P	Portmarnock	Conical	Black	53 25.63	06 05.80
Q	Rowan Rocks	IALA	BYB	53 23.88	06 03.22
R	South Rowan	IALA	Green	53 23.78	06 03.88
S	Spit	Conical	Black	53 24.42	06 04.51
T	Talbot	Inflatable	Black	53 27.31	06 01.30
U	Ulysses	Conical	Orange	53 26.22	06 04.97
V	Viceroy	Conical	Orange	53 25.12	06 04.78
W	West	Conical	Black	53 24.96	06 06.07
Y	Ireland's Eye				
Z	Windward (Offshore Starts)	Inflatable	Black		
Z	Windward (Inshore Starts)	Inflatable	Yellow		
	Shortened Course Finish	Small Orange Buoy			
	Tailor Buoy	North Cardinal		53 30.13	06 01 52
	Burren Perch	West Cardinal		53 29.21	06 02 28

*Every effort is made to ensure this data is accurate and should be used as an indication of the location of marks
Courses designed with the aid of Soft Touch Programmes*

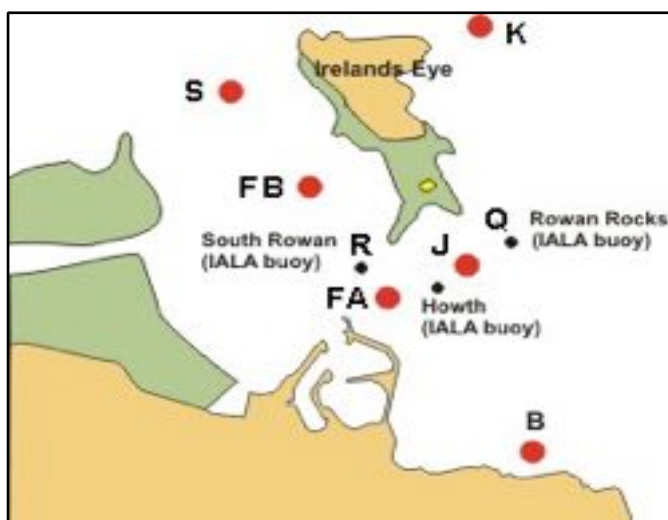
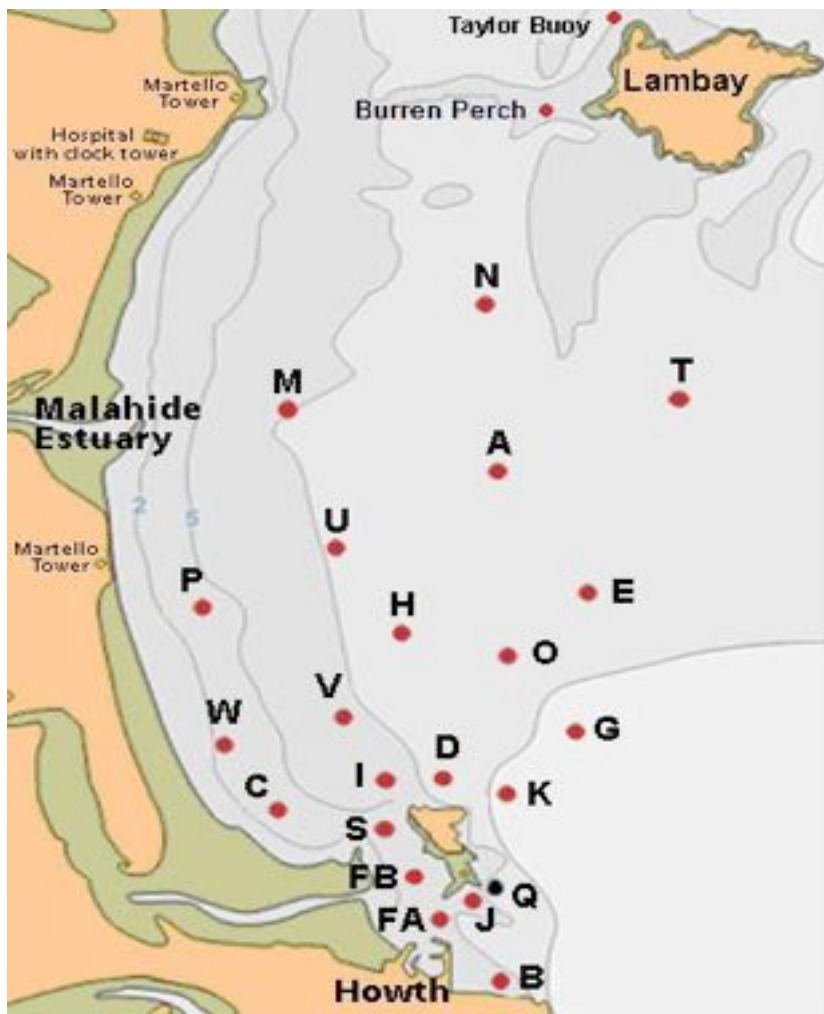
GENERAL

When entering/leaving Howth Harbour, stay on the right hand side of the fairway and harbour entrance i.e. always pass port to port. Also, Howth Sound is a restricted channel and accordingly boats shall not impede trawlers.

The attention of all participants is drawn to the car parking regulations in the vicinity of the Club. The Harbour Authority rigidly enforces these. It is recommended that competitors use public transport, particularly the DART, where possible.

Competitors are granted temporary membership of Howth Yacht Club for the days of the Lambay Races subject only to the provisions of the Club rules for withdrawing or withholding said membership.

Course Maps



Race Marks - 2019 Relative Bearings Table - Magnetic (Approx.)

	A	B	C	D	E	G	H	I	J	K	M	N	O	P	Q	S	T	U	V	W
A		186°	211°	196°	146°	168°	220°	207°	188°	184°	295°	002°	192°	234°	185°	203°	071°	248°	215°	229°
B	006°		315°	352°	019°	024°	350°	336°	357°	010°	347°	005°	002°	327°	010°	331°	022°	347°	340°	321°
C	031°	135°		084°	054°	079°	029°	086°	124°	092°	358°	020°	056°	348°	119°	115°	043°	010°	038°	312°
D	016°	172°	264°		043°	078°	347°	272°	170°	110°	344°	011°	023°	309°	161°	233°	036°	342°	312°	287°
E	326°	199°	234°	223°		190°	264°	233°	204°	207°	307°	346°	238°	261°	202°	225°	028°	284°	246°	252°
G	348°	204°	259°	258°	010°		305°	263°	214°	236°	325°	354°	306°	287°	211°	249°	021°	314°	281°	275°
H	040°	170°	209°	167°	084°	125°		191°	168°	151°	342°	021°	125°	267°	164°	187°	055°	334°	205°	238°
I	027°	156°	266°	092°	053°	083°	011°		148°	101°	353°	018°	048°	318°	140°	177°	043°	357°	350°	293°
J	008°	177°	304°	350°	024°	034°	348°	328°		018°	345°	006°	004°	323°	062°	317°	026°	345°	334°	312°
K	004°	190°	272°	290°	027°	056°	331°	281°	198°		337°	003°	350°	304°	190°	259°	028°	332°	304°	288°
M	115°	167°	178°	164°	127°	145°	162°	173°	165°	157°		066°	152°	184°	163°	173°	094°	166°	173°	193°
N	182°	185°	200°	191°	166°	174°	201°	198°	186°	183°	246°		187°	211°	184°	196°	125°	214°	202°	214°
O	012°	182°	236°	203°	058°	126°	305°	228°	184°	170°	332°	007°		280°	180°	215°	040°	319°	256°	260°
P	054°	147°	168°	129°	081°	107°	087°	138°	143°	124°	004°	031°	100°		139°	149°	058°	042°	132°	192°
Q	005°	190°	299°	341°	022°	031°	344°	320°	242°	010°	343°	004°	360°	319°		308°	024°	342°	329°	308°
S	023°	151°	295°	056°	045°	069°	007°	024°	137°	082°	353°	016°	035°	329°	128°		039°	357°	342°	304°
T	251°	202°	223°	216°	208°	201°	235°	223°	206°	208°	274°	305°	220°	238°	204°	219°		249°	229°	236°
U	068°	167°	190°	162°	104°	134°	154°	177°	165°	152°	346°	034°	139°	222°	162°	177°	069°		180°	213°
V	035°	160°	218°	132°	066°	101°	025°	170°	154°	124°	353°	022°	076°	312°	149°	173°	049°	000°		264°
W	049°	141°	132°	107°	072°	095°	058°	113°	132°	108°	013°	034°	080°	012°	128°	129°	056°	033°	084°	