14th April 2017

Sailing Instructions

1. Rules

1.1. The Regatta will be governed by the rules as defined in The Rules of Sailing.1.2. The prescriptions of the Irish Sailing Association will apply.

2. Notice to Competitors

2.1. Notices to competitors will be posted on the official notice board.

3. Changes to the Sailing Instructions

3.1. Any changes to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed on the club flag pole at the top of the marina gangway.
- 4.2. When Flag AP is displayed ashore, "1 Minute" is replaced by "not less than 45 Minutes" in the race signal AP.

5. Schedule of Races

- 5.1. There will be two fleets Main Fleet and Regatta Fleet.
- 5.2. Three races are scheduled, with the first Warning Signal for the Main Fleet at 1200 on Friday 14 March 2017. The Regatta Fleet start will be five minutes after the Main Fleet start.
- 5.3. One race shall constitute a series.
- 5.4. There will be no discard.

6. Class Flags

International Flag "O" will be the Optimist Class flag for the Main Fleet and International Flag "Q" will be the class flag for the Regatta Fleet.

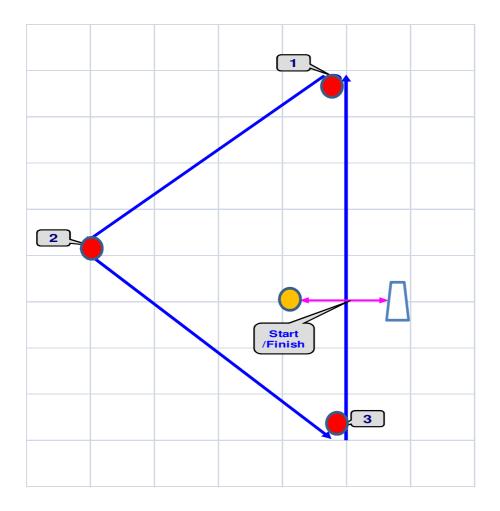
7. Racing Area

- 7.1. The race area will be West of Howth Harbour and may be up to 1 mile from the harbour entrance
- 7.2. In the event of adverse weather, the courses may be moved to alternative locations.

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8. The Course



8.1. *Main Fleet* (Two laps: Start, 1, 2, 3, 1, 2, 3 Finish) *Regatta Fleet* (One lap: Start, 1, 2, 3, Finish)

9. Marks

- 9.1. Marks 1, 2, & 3 will be Orange Spherical marks
- 9.2. The starting and finishing marks will be a yellow mark.

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10. The Start

- 10.1. Races will be started by using rule 26.
- 10.2. The starting line will be between the Red & White mast of the Committee Boat flying an orange flag and the port end starting mark as described in 9.2.
- 10.3. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

11. Change of the next leg of the course/ Shortening Course

- 11.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 11.2. After the starting signal the race committee may shorten the course by displaying an S flag with two sound signals. The S flag over a class flag shortens the course for that class only.

12. The Finish

The finishing line is the same as the start line, as in 10.2 above.

13. Time limits and Time targets

- 13.1. The time limit for all races will be 60 minutes from the start.
- 13.2. Boats failing to finish within 10 minutes after the first boat of their fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, 4 and A5.

14. Protest and requests for redress

- 14.1. Protest forms are available at the race office.
- 14.2. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.3. The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 14.4. Notices will be posted on the notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located adjacent to the race office.
- 14.5. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 14.6. Breaches of instructions 10.4, 17, 18, 20, 21 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than

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disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

14.7. A request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

15. Scoring

15.1. A boat's series score will be the total of her race scores.

16. Safety

- 16.1. Competitors shall wear adequate personal flotation devices, properly secured at all times when afloat except briefly while changing or adjusting personal equipment. Wet suits and dry suits are not personal flotation devices.
- 16.2. The organising Authority may stop a boat launching or require it to return ashore, if it considers the boat, its equipment or crew are not adequately equipped for the likely conditions or for any other reasons. The decision is final and shall not be grounds for redress.
- 16.3. Competitors in difficulty shall obey any instruction given by a rescue boat crew.
- 16.4. A boat that retires from a race shall notify a rescue boat immediately.
- 16.5. After a sailor comes ashore he or she must returned their numbered wrist/arm band promptly to the tally board supervisors. It is the responsibility of each boat to return their numbered wrist/arm band promptly on coming ashore. Failure to return the required wrist/arm band promptly on coming ashore may result in disgualification.

17. Support Boats

- 17.1. Support boats shall register with the race committee at registration time.
- 17.2. Team leaders, coaches and other support personnel including relatives of competitors shall not be in the racing area from the time of the preparatory Signal until all boats have finished or the race committee signals a postponement, General recall or abandonment or requests the assistance of support boats in rescue operation.

18. Radio Communication.

Except in an emergency, a competing boat shall neither make nor receive radio transmissions while racing. This restriction also applies to mobile phones.

19. Prizes

Depending on the number of entries there will be prizes for the first 3 in each fleet.

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20. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

21. INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of €1,500,000 or the equivalent per even