

## International Moth Coaching Weekend



## Saturday 8<sup>th</sup> and Sunday 9<sup>th</sup> April 2017

Howth Yacht Club will welcome the Moth Fleet and Coach Chris Rashley for a weekend of speed building, in preparation for the 2017 Worlds in Lake Garda.

Chris has been at the very top of the Moth Fleet since 2009 and is now campaigning for the 2020 Olympics in the Foiling Nacra. He brings huge knowledge of the Moth, from a design and technique perspective. 10 Irish Mothies are expected.

For further information, contact Alistair Kissane ali.kissane@hotmail.com

