



CLUB DINGHY RACING 2016

SAILING INSTRUCTIONS

1. Rules

- 1.1 Racing is governed by the Racing Rules of Sailing (2013 – 2016)
- 1.2 Racing rules will be changed as per the following Sailing Instructions.
- 1.3 Competitors are reminded of Fundamental Rule 2, Fair Sailing. Fair Play and Sportsmanship are important parts of our sport.

2. Notices

Notices will be posted on the Notice Board. The Notice Board is beside the pedestrian gate at the Marina Office.

3. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted on the Notice Board not less than 2 hours before the first race it will affect.

4. Signals

- 4.1 4.1 Signals made ashore will be displayed on the flag pole at the top of the marina bridge.
- 4.2 4.2 When flag “AP” is displayed ashore “1 minute” is replaced with “Not less than 30 minutes” in the race signalled AP.

5. Schedule of Races

5.1 Dates of racing:

Where possible, it is proposed to sail two races per day

Series	Dates	Classes	Briefing Time	1st Warning Signal
Spring Series	Sundays 10 th April – 15 th May 2016 6 Races	Sundry / Optimist	0915	1025
June Series	Sundays 22 nd May – 26 th June 2016 6 Races	Sundry / Optimist	0915	1025
Summer Series	Thursdays 2 nd June – 25 th August 2016 13 Races	Sundry / Optimist	1745	1855
Regatta Fleet	Thursdays 2 nd June – 25 th August 2016 13 Races	Optimist Regatta Fleet	1745	1855



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5.2 Times of racing:

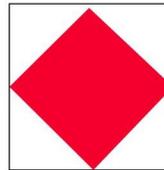
Day	Class	Warning Signal
Thursday	Sundry	1855
Thursday	Optimist	1900
Sunday	Sundry	1025
Sunday	Optimist	1030

6. Class Flags



Optimist

O



Sundry

F

7. Racing Area

The race area will be North West of Howth Harbour

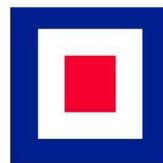
8. Courses

- 8.1 Course type to be indicated with Flag – T for Triangle and W for Windward-Leeward. The flag indicating the course type to be used shall be displayed not later than the Preparatory signal for the first Class scheduled to start. This changes RRS 27.1 The respective course layouts are indicated on the diagrams below.



Triangle

T



Wind - Lee

W

- 8.2 The number of laps for each class will be displayed on the committee boat following its warning signal and shall be displayed for not less than 3 minutes before the start. This changes RRS 27.1
- 8.3 All marks shall be left to Port.



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8.4 Courses are as follows and per the diagrams below:

Triangle:

Start

Lap 1: 1 – 2 – 3

Lap 2: 1 – 3

Lap 3: 1 – 2 – 3

Lap 4: 1 – 3

Lap 5: 1 – 2 – 3

Finish after number of laps indicated on the Committee Boat

Windward – Leeward:

Start

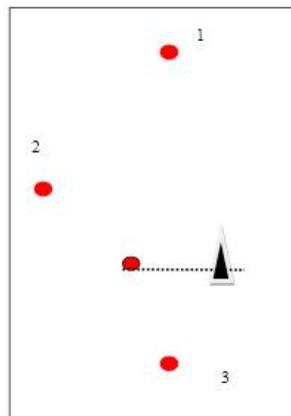
Lap 1: 1 – 2 – 3

Lap 2: 1 – 2 – 3

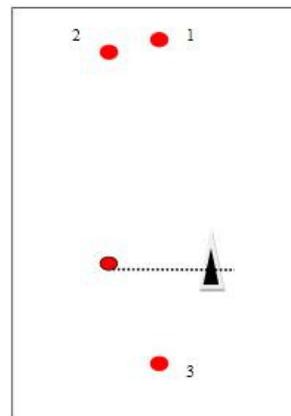
Lap 3: 1 – 2 – 3

Lap 4: 1 – 2 – 3

Lap 5: 1 – 2 – 3



Triangle Course



Windward-Leeward Course

9. Marks

Marks will normally be orange buoys.

10. The Start

10.1 Starting Area

Pier Starts - The starting area is to the west of the West Pier.

Committee Boat Starts – The starting area is North West of the harbour mouth.

The Race Committee may, at its discretion, amalgamate starts to expedite racing and this shall be signalled by the simultaneous display of the Class flags of those classes that are to start together.

11. Starting Line

11.1 (a) The starting line for committee boat starts shall be between the mainmast of the Committee Boat and an orange Outer Distance Mark, which shall be left to port when starting.

(b) The starting line for pier starts is between a flag pole of the West Pier Starter's Hut and an orange outer distance mark.

11.2 All dinghies shall keep clear of the starting line until their warning signal.

11.3 A boat shall not start later than 10 minutes after her starting signal



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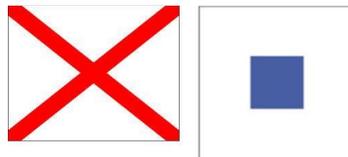
12 Shortened Course / Abandonment / Postponement

12.1 Shortened Course

(i) If the race is to be shortened at the Start/Finish line, Flag V shall be displayed with repetitive sounds at a Mark on the Course. Having rounded this mark, boats shall proceed directly to the Finish Line. This is in addition to RRS 32.2.

(ii) A course may also be shortened at a course mark from a rescue /committee (finish) boat, which will display flag S flag and make two sound signals. The finishing line shall be between the S flag and the relevant mark.

(iii) Flag S displayed alone signals that all races not finished shall be shortened, flag S displayed superior to class flags signals that races for the relevant classes are shortened.



V

S

12.2 Abandonment / Postponement BEFORE THE START

Abandonment before the starting signal/ postponement shall be as per RRS 27.3. Flag signals will be made from the Committee Boat, starter's hut or the top of the marina bridge, as relevant.

12.3 Abandonment AFTER THE START

Abandonment of a race after the start shall be as per RRS 32.1.

13 The Finish

13.1 The finishing line shall be between the mainmast of the Committee Boat or the pole at the West Pier Starter's Hut and an orange finish mark.

13.2 Boats, having finished, shall not re-cross their own finishing line in the opposite direction.

14 Penalty System

The penalty system shall be as per RRS 44.1

One Turn for hitting a mark.

Two turns for boat-on-boat infringements.

15 Time Limits

15.1 The time limit is 55 minutes per race for all classes.

15.2 A boat failing to finish within 15 minutes of the first boat in her class will be scored the place of the last boat finishing within the time limit, plus one point.



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16 Protests and Requests for Redress

- 16.1 All protests shall be notified in accordance with RRS 61.1(a). (Protest flag is no longer required for boats under 6m).
- 16.2 Protests and Requests for Redress shall be written on an official Protest Form (available from the Marina Office or downloaded from www.isaf.org or the Club website www.hyc.ie) and left in the protest box in the Clubhouse hallway, received at the Club by or by email results@hyc.ie
- 16.3 The Protest Form shall be received within 24 hours of the end of the race concerned.
- 16.4 Details of protest hearings races will be notified verbally or by email.

17 Scoring

- 17.1 The scoring system shall be as per RRS Appendix A – Low Point System.
- 17.2 One discard is allowed for every four races completed in a series.
- 17.3 Dinghies sailing under the Sundry category will have their times recorded and be scored a finishing position in accordance with the Portsmouth Yardstick (PY) handicap system.

18 Safety

- 18.1 There will be a 'Sign out / Sign in' register which must be signed personally by the helmsman of each boat competing. This will be located in the Race Office. Failure to sign-in or sign-out shall result in the boat in question being scored as DSQ for all races sailed on the day in question without a protest hearing and may result in further action at the discretion of the Race Committee. This changes Rule 63.1 and Appendix A4.1 and A5.
- 18.2 Competitors shall wear lifejackets or suitable personal flotation devices at all times. Wet suits and dry suits are not suitable personal flotation devices.
- 18.3 The attention of all competitors is drawn to RRS Fundamental Rule 1.1. 'Helping Those in Danger'.
- 18.4 Boats shall keep clear of Race Committee vessels (committee boat, mark laying boats, patrol boats) from the time the Committee Boat is on station prior to starting racing.