

**Adult Training Programme – Summer 2017**

<b>Event</b>	<b>Activity</b>	<b>Dates</b>	<b>Open to...</b>	<b>Cost/ Person</b>
<b>Spring Warmer Series</b>	Taste of Racing	1st & 8th April	Members only	€50
<b>Day Trips</b>	Day Sailing to...	17th April, 1st May, 4th June	Members only	€30
<b>Introduction to Sailing</b>	Intro to Sailing & HYC	22nd April, 6th May, 27th May, 18th June, 1st July & 15th July	All welcome	€10/€50*
<b>Tuesday Series 1</b>	Taste of Racing	2nd May - 6th June	Members only	€150
<b>ISA Keelboat Training</b>	Start Sailing/ Basic Skills/ Improving Skills	5th, 6th 7th May	All welcome	€200/€250*
<b>ISA Keelboat Training</b>	ISA Spinnaker course	27th, 28th May	All welcome	€160/€200*
<b>Local Regattas</b>				Check with HYC Training for cost
Lambay Race	Taste of Racing	3rd June	Members only	
Gibney Classic	Taste of Racing	17th June	Members only	
Dun Laoghaire Regatta	Taste of Racing	7 <sup>th</sup> to 9 <sup>th</sup> July	Members only	
Howth Skerries Race	Taste of Racing	15th July	Members only	
Malahide Regatta	Taste of Racing	29th July	Members only	
<b>ISA Keelboat Training</b>	Start Sailing/ Basic Skills/ Improving Skills	10th & 11th June	All welcome	€160/€200*
<b>Tuesday Series 2</b>	Taste of Racing	13th June - 18th July	Members only	€150
<b>ISA Keelboat Training</b>	Start Sailing/ Basic Skills/ Improving Skills	1st & 2nd July	All welcome	€160/€200*
<b>Tuesday Series 3</b>	Taste of Racing	25th July - 29th August	Members only	€150
<b>ISA Keelboat Training</b>	ISA Start Sailing/ Basic Skills/ Improving Skills Adventure course	22nd & 23rd July	All welcome	€160/€200*
<b>ISA Learn to Sail</b>	Start Sailing/ Basic Skills/ Improving Skills	12th & 13th August	All welcome	€160/€200*
<b>Race Coaching</b>	Professional coaching	2nd & 9th Sept	All welcome	€160/€200*
<b>Autumn League</b>	Taste of Racing	16th Sept to 21st Oct	Members only	€150

\* Non Members rates apply