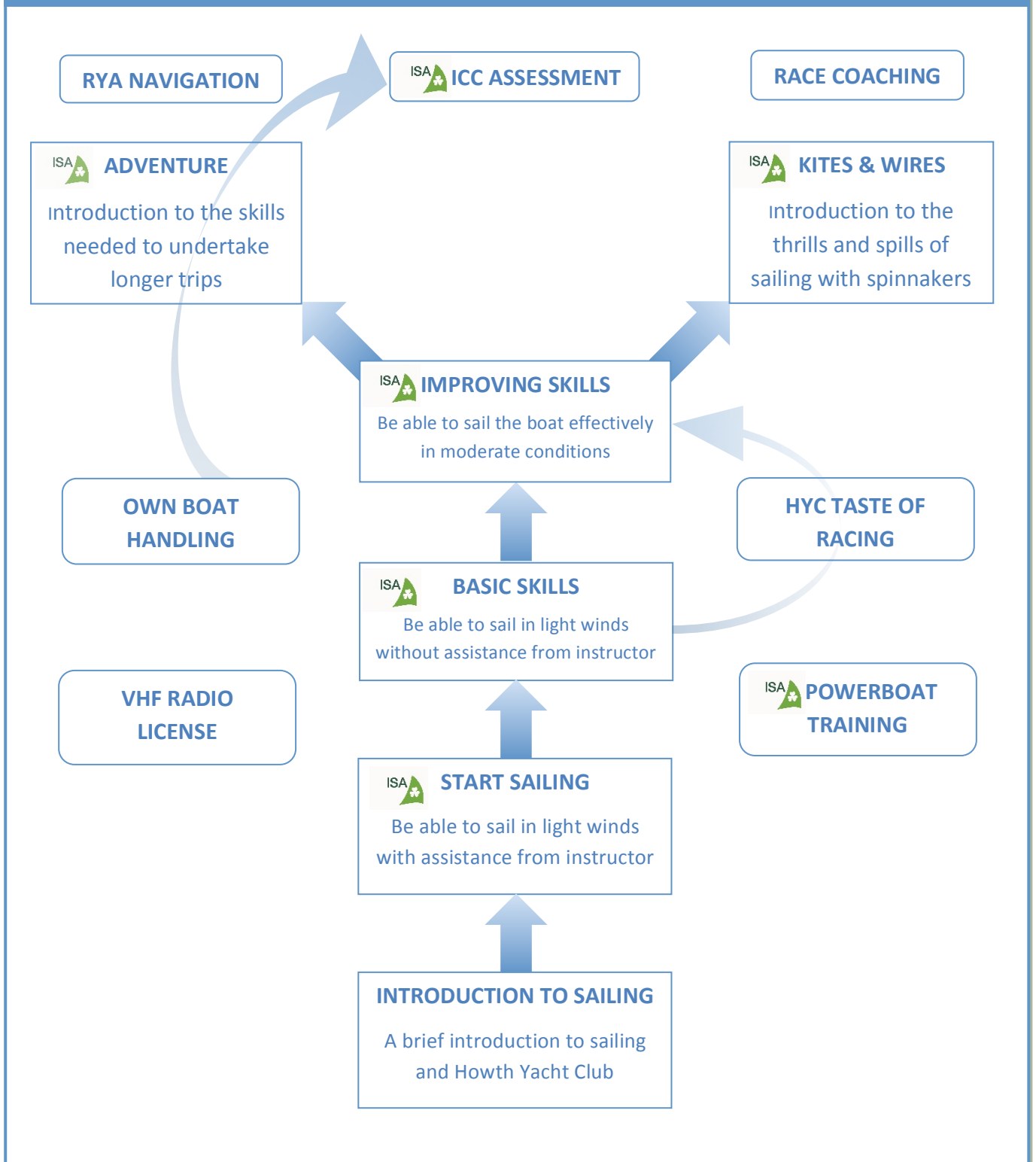


HOWTH YACHT CLUB – ADULT SAIL TRAINING PATHWAY



Introduction to Sailing

The aim of this course is to give a positive introduction to sailing in Howth Yacht Club. The course is run by a team of experienced volunteers from the club. Courses start at 10.00 run to to 16.30 over one day and are ideally suited for adults who have never sailed before and would like to sample what sailing in Howth Yacht Club is all about. *The course fee also includes a light lunch in Howth Yacht Club.*

Experience required: No previous experience required

Cost: €50 (Members €15)

Adult Sailing Courses

Learn to Sail 1 – ISA Start Sailing

This course is delivered by qualified ISA Keelboat Instructors who will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing. The course syllabus covers clothing & equipment, rigging keelboats, sailing off and onto moorings, sailing techniques and manoeuvres, man overboard recovery, sailing knowledge, coastal knowledge, weather forecasts and safety. By the end of this course you will be sailing in light wind conditions with assistance from your instructor. This intensive course runs from 9.30 to 5.00 over 2 days and is suitable for adults with no previous sailing experience.

Experience required: No previous experience required

Cost: €200 (Non Members €160)

Learn to Sail 2 – ISA Basic Skills

This course is delivered by qualified ISA Keelboat Instructors who will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing. The course syllabus covers clothing & equipment, rigging keelboats, sailing off and onto moorings, sailing techniques and manoeuvres, man overboard recovery, sailing knowledge, coastal knowledge, weather forecasts and safety. By the end of this course you will be sailing in light wind conditions with assistance from your instructor. This intensive course runs from 9.30 to 5.00 over 2 days and is suitable for adults with no previous sailing experience.

Experience required: ISA Start Sailing or equivalent

Cost: €200 (Non Members €160)

Learn to Sail 3 – ISA Improving Skills

This course will help you develop a competent, safe and practical approach to sailing your boat in moderate winds. You will also be introduced to the different aspects of keelboat sailing such as racing and day sailing.

Experience required: ISA Basic Skills or equivalent + 1 seasons sailing experience

Cost: €200 (Non Members €160)

Sailing with Spinnakers - ISA Kites & Wires

This course provides an introduction to the thrills and spills of sailing with symmetric and asymmetric spinnakers.

Experience required: ISA Improving Skills or equivalent + 2 seasons sailing experience

Cost: €200 (Non Members €160)

Day Sailing - ISA Adventure

The aim of this course is to introduce you to the challenges and fun of cruising. You will develop the skills and knowledge you will need to become an independent sailor capable of undertaking extended trips and of making correct and appropriate decisions in difficult situations.

Experience required: ISA Improving Skills in a keelboat or Improving Skills in a dinghy + 1 seasons keelboat sailing experience

Cost: €200 (Non Members €160)

Taste of Racing

The Howth Yacht Club Taste of Racing Programme aims to enable relatively inexperienced new members to participate in club racing and local regattas. Taste of Racing does not provide organised tuition, but the voluntary skippers on each boat are always willing to share their knowledge and experience with new crew members. It is recommended that all Taste of Racing participants have acquired knowledge and experience equivalent to Learn to Sail 2 before participating in Taste of Racing.

Experience required: ISA Basic Skills or equivalent

Cost: Varies, typically €30/race (Members only)

ICC Assessment

An International Certificate of Competency (ICC) is recognised internationally by yacht and powerboat charter companies. Howth Yacht Club regularly organises ICC preparation courses and assessments for both members and non members. Optional assessment modules include motorboat, sail, coastal navigation and inland waterways.

Experience required: ISA Basic Skills or equivalent

Cost: €100/assessment