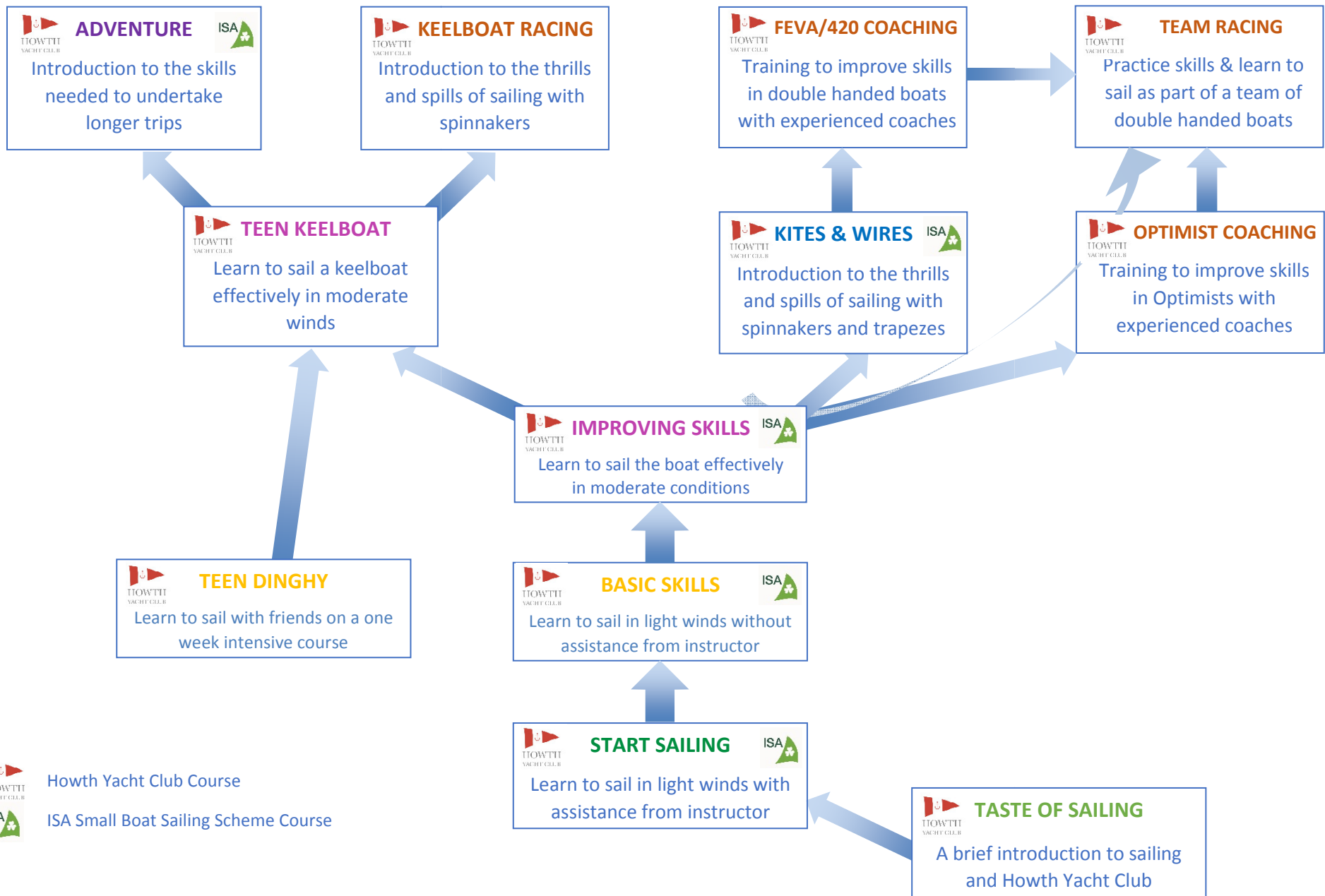


HOWTH YACHT CLUB – JUNIOR TRAINING PATHWAY - 2017



WHICH COURSE?

Taste of Sailing

The aim of this course is to give a positive introduction to the thrill of sailing. The course runs from 10.00 to 15.00 for one week and is ideally suited for 6 – 9 year olds. *The course fee includes shared use of Laser Pico dinghies for the duration of the course.*

Experience required: No previous experience required

Cost: €225/week

Start Sailing

This course will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing. This course runs from 9.30 to 5.00 over 2 weeks and is suitable for children who are 8 to 13 years old.

Experience required: No previous experience required

Cost: €355 (own boat) or €455 (with club Optimist)/2 week course (members only)

Basic Skills

By the end of this course you should have the skills and knowledge necessary to rig up your boat and safely go sailing without assistance in light winds.

Experience required: ISA Start Sailing

Cost: €350 (own boat) or €450 (with club Optimist)/2 week course (club members only)

Teen Dinghy

By the end of this course you should have the skills and knowledge necessary to rig up your boat and safely go sailing without assistance in light winds.

Experience required: No previous experience required

Cost: €250/week

Improving Skills

This course will help you develop a competent, safe and practical approach to sailing your boat in moderate winds. You will also be introduced to the different aspects of dinghy sailing such as racing and day sailing.

Experience required: ISA Basic Skills + 1 seasons logged sailing experience

Cost: €350 (own boat) (club members only)

Kites & Wires

This course provides an introduction to the thrills and spills of sailing with spinnakers and trapezes.

Experience required: ISA Improving Skills + 2 seasons logged sailing experience

Cost: €350 (own boat) or €450 (with shared club Vago/420)/2 week course (club members only)

Optimist/Feva/420 Coaching

This course provides class specific training for sailors who are interested club racing or participating in open events. Coaching in single handed classes will include the objectives of ISA Go Racing. Coaching in 420s/Vagos and Fevas will also cover the skills required for ISA Kites & Wires. All of the coaches on this course have International racing experience and an ISA Coach or Advanced Instructor qualification.

Experience required: ISA Improving Skills + 2 seasons logged sailing experience

Cost: €175 (own boat) or €225 (with shared club Vago/420) (club members only)

Team Racing

This course provides a fun introduction to team racing with teams of 2 or 3 double handed boats. We welcome sailors of all levels of ability from Improving Skills to experienced racers. (Course will only run if we have 12 or more applications)

Experience required: ISA Improving Skills

Cost: €225/week (club members only)

Teen Keelboat

This course will help you develop a competent, safe and practical approach to sailing a keelboat in moderate winds. You will also be introduced to the different aspects of dinghy sailing such as racing and day sailing. *The course fee includes shared use of a keelboat for the duration of the course.*

Experience required: ISA Improving Skills in a dinghy + 2 seasons logged sailing experience

Cost: €225/week (club members only)

Keelboat - Adventure

The aim of this course is to introduce you to the challenges and fun of cruising. You will develop the skills and knowledge you will need to become an independent sailor capable of undertaking extended trips and of making correct and appropriate decisions in difficult situations. *The course fee includes shared use of a keelboat for the duration of the course.*

Experience required: ISA Improving Skills in a keelboat or Improving Skills in a dinghy + 5 days logged keelboat experience

Cost: €225/week (club members only)